



FLU.GOV

Know what to do
about the flu.

2009 H1N1 Flu: Emergency Warning Signs

EMERGENCY WARNING SIGNS FOR CHILDREN

Anyone with the following emergency warning signs needs urgent medical attention and should seek comment right away:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Fever with a rash

EMERGENCY WARNING SIGNS FOR ADULTS

Anyone with the following emergency warning signs needs urgent medical attention and should seek comment right away:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms improve but then return with fever and worse cough

